



Haw River Christian Academy

## Student Athlete Code of Conduct

As a student athlete at Haw River Christian Academy, I pledge to abide by the following guidelines:

- I will strive to always conduct myself in a Christ-like manner. This means no taunting or bad-mouthing opponents, referees/officials, my teammates, or my coaches. I will not use foul language on the court, field, or bench at any time. I will not argue with the coaches, opponents, opposing coaches, or the officials during games. I understand if I have a problem with something that has happened during a game, I will discuss it with my coach at an appropriate time.
- I will be on time and dressed for practice. If I am going to miss practice or a game, I know that it is my responsibility to let my coach(es) know I will be absent. I understand that practices are mandatory and should only be missed if necessary. I will attend team meetings and work hard during practice.
- Cell phones are not allowed during practice or games. The one exception is for cross country or track/field and phones are being used for timing purposes.
- I understand I may not get all the playing time I think I should. I understand if I feel I should be getting more playing time, I will talk with my coaches. I understand my coach's decision is final.
- I will be a good teammate and support my teammates in practice and during games. I will not belittle them in any way. I will be supportive of all those on my team.
- I will abide by the HRCA dress code for practices (no form fitting tank tops, shorts must be mid-thigh in length, no bare midriffs showing.)
- I understand I must maintain passing grades in all subjects to be eligible to play.
- I understand these guidelines apply to all sports I may take part in during the school year.
- I understand if I am a middle school student and wish to play up on the high school team, I will discuss expectations with both team coaches, I will attend both practices, and follow both team guidelines that might be above and beyond those stated here. I understand I am a middle school player first and cannot play for upper school without playing for the middle school.
- I understand that failure to abide by these guidelines can result in disciplinary actions by the coach or school administration. This may include, but is not limited to, extra conditioning at practice, additional time out of a game, suspension, or dismissal from one or more teams.

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Signature of athlete

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date

